

ATTIVITÀ

LUNEDÌ

MARTEDÌ

MERCOLEDÌ

GIOVEDÌ

VENERDÌ

SABATO

Acquagym	07:30/10:30 18:30/19:20/20:10	09:30 18:30/19:30	07:30/10:30 18:30/19:20/20:10	09:30 18:30/19:30	07:30/10:30 18:30/19:30	
Acquagym V. G.	14:30	12:30/13:30	14:30	12:30/13:30	14:30	13:30
Idrobike	12:30/13:30/21:00	20:30	12:30/13:30/21:00	20:30	12:30/13:30/20:30	
Idrokinesi	08:30/09:30	14:30	08:30/09:30	14:30	08:30/09:30	
Nuoto Libero (Mattina)	07:30/08:30/09:30/10:30 12:30/13:30	08:30/09:30/10:30 13:00	07:30/08:30/09:30/10:30 12:30/13:30	08:30/09:30/10:30 13:00	07:30/08:30/09:30/10:30 12:30/13:30	08:30/09:30/11:30
Nuoto Libero (Pomeriggio)	15:00/21:00	15:00/21:00	15:00/21:00	15:00/21:00	15:00/21:00	13:00/14:00/15:00 18:00/19:00
Perfez. Adulti (Mattina)	07:30/08:30/09:30 12:30/13:30	08:30/09:30	07:30/08:30/09:30 12:30/13:30	08:30/09:30	07:30/08:30/09:30 12:30/13:30	08:30/09:30
Perfez. Adulti (Pomeriggio)	15:00/19:00/20:00/21:00	14:00/15:00/19:00/20:00	15:00/19:00/20:00/21:00	14:00/15:00/19:00/20:00	15:00/19:00/20:00/21:00	15:00/19:00
Perfez. Ragazzi (Mattina)						10:30
Perfez. Ragazzi (pomeriggio)	16:00/17:00/18:00	16:00/17:00/18:00	16:00/17:00/18:00	16:00/17:00/18:00	16:00/17:00/18:00	16:00/17:00/18:00
Sc. Nuoto Adulti		10:30/21:00		10:30/21:00		10:30
Sc. Nuoto Bimbi	15:30/16:30/17:30	15:30/16:30/17:30	16:30/17:30	15:30/16:30/17:30	15:30/16:30/17:30	11:30/16:30/17:30
Ginnastica Pre-parto						09:00
Nuoto 0-3 anni						10:00/10:45
Nuoto Gestanti	09:30	09:30/15:00	09:30	09:30/15:00	09:30	15:00

PLANNING PISCINA

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SPORT - FITNESS - WELLNESS